

**WESTDALE SECONDARY SCHOOL
COURSE OUTLINE**

Department: Family Studies	sharon.gordon@hwdsb.on.ca
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Course Description:

This course examines various nutritional, psychological, social, cultural, and global factors that influence people's food choices and customs. Students will learn about current Canadian and worldwide issues related to food, frameworks for making appropriate dietary choices, and food preparation techniques. This course also refines students' skills used in researching and investigating issues related to food and nutrition.

Course Title:	Food and Nutrition Sciences
Grade:	12
Course Type:	College/University
Ministry Code:	HFA 4M1
Credit Value:	1
Prerequisite:	Any university, university/college, or college preparation course in social science and humanities, English, or Canadian and World studies.
Textbook(s):	Nutrition, Food, and Fitness: The Science of Wellness
Required Materials:	Pen, Pencil, Notebook/binder and paper; optional: coloured pencils/markers, glue stick

Curriculum Expectations

Strands

1. Self and Others
2. Personal and Social Responsibilities
3. Social Challenges
4. Diversity, Interdependence, and Global Connections
5. Social Science Skills

The course expectations can be found in the *Ontario Curriculum*, or at www.curriculum.org

Unit Titles (Time and Sequence):

The following units make up the course. A variety of activities and learning opportunities will be designed to facilitate an understanding in the following units:

Unit 1	Nutrition Essentials for Health and Well-being	30hours
Unit 2	The Role of Nutrition through the Life Cycle	25hours
Unit 3	Canada and the Global Food Supply	25hours
Unit 4	Contemporary Issues in Food	20 hours
Unit 5	Course Culminating Activity	10hours

Assessment and Evaluation = 70%

(Based on Hamilton-Wentworth District School Board guidelines)

Knowledge & Understanding	Thinking & Inquiry	Communication	Application
25%	25%	25%	25%

Final Evaluation = 30%

(Students may experience a combination of evaluation methods towards the end of the course and/or unit(s).)

Formal Evaluation	
Exam 20%	Culminating 10%

Achievement Policy

A final grade is recorded for every course, and a credit is granted and recorded for every course in which the student's grade is 50% or higher. The final grade for each course in Grades 9-12 will be determined as follows.

Ministry Policy

"Seventy percent of the grade will be based on evaluations conducted throughout the course. The portion of the grade should reflect the student's most consistent level of achievement throughout the course, although special consideration should be given to more recent evidence of achievement. Thirty percent of the grade will be based on a final evaluation in the form of an examination, performance, essay, and/or other method of evaluation suitable to the course content and administered towards the end of the course." (*Ontario Secondary Schools Grade 9 to 12 – Program Planning and Assessment p. 15*)

Considerations relating to achievement of the curriculum expectations:

1. The evaluations of the expectations should reflect the student's most consistent levels of achievement for the particular sections. Although, special consideration should be given to more recent evidence of the achievement at the end of the semester.
2. Thirty percent of the grade will be based on final evaluations over the last four to six weeks of the course, which may consist of a combination of performance, essay, and/or other methods of evaluation suitable to the expectations.
3. "Individual Education Plan (IEP) for exceptional students identifies the student's learning expectations: outlines how the school will help the student achieve the expectations through appropriate special education programs and services; and identifies the methods by which the student's progress will be reviewed." (*The Ontario Curriculum Grades 9 to 12 Program Planning and Assessment p. 8*)
4. Evaluations indicating how the student is moving towards achieving expectations should occur periodically throughout the semester.
5. A student who is ill on the day of an evaluation, must immediately upon his/her return, arrange with the teacher for a make-up evaluation. A doctor's note is required for a make-up evaluation for a final exam or final culminating activity.
6. To ensure that further instruction time is not missed, make-up evaluations may take place outside of class time, either before school or on a negotiated make-up test day.

Plagiarism

- Students are reminded to become familiar with the HWDSB's policy concerning plagiarism. (www.hwdsb.on.ca)
- Any work submitted for one course may not be submitted for another course without the permission of the teachers of both courses.
- The creation of original work is a celebration of your intellectual curiosity.